



HOW TO SAFELY
VISIT YOUR LOVED ONES
DURING COVID-19

1 KNOW YOUR COMMUNITY

Each of our communities is a little bit different, so ensure you **connect with our on site team** with any questions you may have about visitation.



2 SCHEDULE YOUR VISIT

We really appreciate when you **let us know ahead of time if you're coming into the community**, especially if there is more than one person wanting entry at the same time.



3 ASSESS YOUR RISK

Before coming to visit, ensure you think about your own activities and interactions. What **potential risk do you pose to your loved one**, other residents, their families and our staff?

Remember: everyone you have interacted with over the **last 14 days** comes into the room with you when you visit your loved one.

Are they safe?

[Click here for Alberta guidelines](#)



4 ASK YOURSELF

Do I have any symptoms associated with COVID-19?

Have I come into contact with anyone who does?

Do I **consistently practice all public health measures,**

including:

- wash & sanitize my hands regularly
- wear a mask
- physical distancing



5 PREPARE TO VISIT

Be prepared to meet with our Health Screeners at the front door.

A clean new mask will be provided for you once you:

- successfully answer the screening questions
- have your temperature checked and recorded
- provide contact information (required by Alberta Health for contact tracing)



6 HAVE A SAFE VISIT

Once you are with your loved one, please **ensure your mask stays on in all public areas.**

We encourage you to:

- practice physical distancing
- wear mask for the duration of your visit
- wash your hands with soap and water before getting close



7 KEEP IN TOUCH

Notify us immediately if you develop COVID-19 symptoms or you find out you interacted with someone with symptoms or who tested positive for the virus in the 14 days prior to visiting your loved one.

If you have suggestions on how we can navigate COVID-19 better, let a representative at your site know, **we're in this together!**

